



A service directory of available services in Tameside intended for professionals working with families—this is a summarised list and not an full directory. An interactive directory can be found on the Tameside Service Information Directory (SID) at www.tameside.gov.uk/Tameside-Service-Information-Directory

Version: November 2017

MENTAL HEALTH SERVICES

Children and Young People:

- **Healthy Young Minds** – 0161 716 3600. (Formerly CAMHS) Contact to speak to a duty officer for advice. Referrals can be made for support. Offers active case management and a range of goal focussed, psychological therapies for 5-16 years with mood and emotional difficulties.
- **Tameside and Glossop Early Attachment Service (EAS)** – 0161 716 3569. Offers support to parents, babies and children, from pregnancy until the child's 5th birthday, to promote healthy attachment and bonding in their relationship. Email: pcn-tr.eas@nhs.net
- **The Hive**—0161 330 9223. Mentoring services, Groups and 1:1 sessions on anger management, low mood, anxiety, self esteem, social skills, guided self help, counselling. Can make appointments or drop in for 8-18 years on Wednesdays. 4-8pm. 216 Katherine Street, AUL, OL6 7AS.
- **The Anthony Seddon Fund**— 0161 637 9256. Supporting mental health in the community. (Children and Adults) A range of support groups and activities for CYP. Youth drop in (ages 13-18) Thursday 4-7pm at AS Centre on Stamford Street, AUL. Also run LGBT group Tuesdays 6-8.30pm www.theanthonyseddonfund.org
- **Off the record** – 0161 355 3553. Referrals can be made for counselling for ages 10-25 years, but drop in sessions are available every Wednesday between 3 –6pm. Also a service for Skype online sessions coming soon. <http://www.otr-tameside.org/>
- **42nd Street**—0161 228 7321 Counselling, therapy, individual support, group work and volunteering opportunities for ages 11-25. www.42ndstreet.org.uk

Bereavement:

- **Finding Rainbows**—Supporting parents and families who have suffered the loss of a child. This includes children of all ages, pregnancy loss, and babies born asleep. Individual support and group support. Set up by a Tameside mum - please access their Facebook page for event dates and to contact.
- **Children of Jannah**—For Muslim parents who have experienced the loss of a child. Telephone support and information line, and Manchester based support groups. <https://childrenofjannah.com>
- **Winston's Wish**— Helpline and resources www.winstonswish.org.uk
- **Once upon a smile**—Helpline and resources www.onceuponasmile.org.uk

Adults:

- **In an Emergency**—A&E in person, or people can phone 331 6248 when in a crisis for over the phone support. **The Samaritans**—08457 909090 24 hours each day.
- **Healthy Minds**— 0161 716 4242. Treatment and support options for people struggling to cope with low mood, stress, anxiety, depression, or any mental health problems. The service can also support if there is a long-term physical health condition. Professional or self referrals.
- **The Anthony Seddon Fund**— helping Tameside residents living with mental health illness. Adult drop in Monday—Saturday between 12—2.30pm for the opportunity to chat and seek support. AS Centre located on Stamford Street, AUL for the drop in and activities. A specialised Bereavement by Suicide Support Group runs 2nd Monday of month between 6.30—8.30pm. www.theanthonyseddonfund.org
- **Tameside Women's project**—A range of services available across Monday/Tuesday/Friday at Cavendish Mill. Counselling sessions specifically are on Friday between 10am-3pm, but drop ins welcome to see what services are on offer. Self refer, telephone or drop in. for info—Gill Rimmer on 07860408902.
- **Mind**— info line— 0161 330 9223. Local shop/café located on Katherine Street, AUL. Groups for parents to attend in an informal setting. Information and resources available. www.mind.org.uk/
- **Making a Difference Tameside**—0161 343 2736. Working with people who suffer from long term mental health illness in a rehabilitative way, through activities and social events. 1:1 support also available. Referral form on website. Families welcome to call into Oasis Café on 214 Stamford Street where activities take place. www.makingadifferencetameside.com
- **Opt in**— Recovery, well being and peer support. People can participate in arts, education, performing arts, community environmental projects as well as social drop in groups. Programme available for Tameside locations, or phone 0161 342 4383.

MENTAL HEALTH SERVICES

Online Services :

- **MindEd**—free online educational training resource about children and young people's mental health for all professionals and parents www.minded.org.uk
- **Kooth** – a free online counselling service for 10-26 years of age. Speak to counsellors, read young persons articles and make a daily online journal. <https://kooth.com/>
- **HeadScape**—Self help website for CYP –Interactive online quiz to 'find out what's going on in your head, and what might help sort it out' Information on a range of topics, and interactive resources for both CYP and professionals to help understand. www.headscapegreenwich.co.uk/headscape
- **Stem 4**—information website for adolescents who think they may have issues related to depression, anxiety and other conditions. <http://www.stem4.org.uk>
- **MoodGym**—an interactive self-help book which helps young people to learn and practise skills which can help to prevent and manage symptoms of depression and anxiety. www.moodgym.com/au
- **Aye Mind**— Aiming to improve the mental health and wellbeing of young people, by making better use of the internet, social media and mobile technologies. Resources available to young people aged 13 to 21, and a digital toolkit for all who work with young people <http://ayemind.com/>
- **Mood Swings**—0161 832 3736. Online support, and access to recovery workshops helping people recover from 'life's ups and downs'.—Services are based on a personal plan that has been designed and agreed after an assessment chat. www.moodswings.org.uk
- **Anxiety UK**—Supporting those living with anxiety and anxiety-based depression by providing information, support and understanding. www.anxietyuk.org.uk/
- **Papyrus**—Prevention of suicide in young people (aged up to 35 years) Specialist phone service offering support, practical advice and info to both professionals and CYP who are worried about how they are feeling. www.papyrus-uk.org

- **Self Help Online**—0161 226 3871. Providing a range of support, services and opportunities to discuss problems with anxiety, depression, phobia's and panic attacks. www.selfhelpservices.org.uk
- **The Sanctuary**—Support to adults who are experiencing anxiety, panic attacks, depression, suicidal thoughts or are in crisis. The Sanctuary offers a space to talk and assistance with coping after a crisis. Sanctuary helpline 0300 003 7029. www.selfhelpservices.org.uk/the-sanctuary

Apps for Children and Adults:

- **Online NHS services and Apps**—Find digital tools to help manage and improve health. Browse a library of apps on a range of health and mental health issues, providing information on the app such as who it is suitable for (there are ones for children and adults), how to access, how it works and prices if applicable. <https://apps.beta.nhs.uk/>
- **Psyberguide**— A online library of mental health apps, can browse by category and see a summary of each app with a information on how to use it and a review based on research by Psyberguide. Apps can be downloaded on both Android and iPhone. <https://psyberguide.org/>
- **Super better**—a game to help young people through a tough situation and increasing resilience. Can play for 10 minutes everyday to stay strong and motivated. www.superbetter.com
- **Sleepio** —Sleepio is a sleep improvement program via an app of proven Cognitive Behavioural Therapy (CBT) techniques teaching a range of techniques to improve sleep patterns. www.sleepio.com
- **Headspace**— An App (and a blog) regarding the importance of meditation to reduce stress. Themed taught meditation sessions to help things from sleep to stress. <https://www.headspace.com/>
- **MindShift** —App to help teens and adults cope with Anxiety, help with trying to face anxiety and make a positive change. www.anxietybc.com
- **VROOM**—An app to Help Develop Babies' Brain Power. The app offers parents a toolbox of tips to boost kids' capacity to learn while promoting parent-child bonding. www.joinvroom.org

ADDITIONAL SERVICES FOR CYP

- **Young carers**—Service for children and young people aged 8-18, who look after someone in their family who is unwell or disabled. Responsibilities such as personal care, housework, or food shopping. Young carers provides respite activities for the young person through groups and activities. Discuss a referral on 0161 368 7722.

Sexual Health

- **You Think Team**— 0161 342 5672/ 5671. Focusing on the sexual health of young people aged up to 25. Can attend walk in clinic at Ashton Primary Care Centre to access contraception, advice and counselling. <http://www.tameside.gov.uk/health/sexualhealth>
- **Ask Brook**— Sexual health and well being for under 25's. Young people able to use website for information and access to services, and professionals are able to use website for CSE services, and free e-learning. www.brook.org.uk/

Child Sexual Exploitation

- **Child Sexual Exploitation**— 0161 856 5880. CSE Phoenix Team with TMBC ,phone for info, guidance and request for support.
- **PACE**— National charity—Parents Against Child Sexual Exploitation. Information and online support available for parents, and resources for professionals regarding identifying CSE. <http://paceuk.info/>
- **Online Safety**— NSPCC offers information on keeping children safe online, and advice on parental controls, websites to be aware of and video streaming. www.nspcc.org.uk/

Drugs and Alcohol

- **Branching Out**—0161 343 2753. Support on substance misuse and addiction. Contact for advice, workers allocated to provide further support once referral completed.
- **Frank**— 0800 776600 regarding substance misuse, confidential helpline available for both children and parents, offering support and advice. www.talktofrank.com

Youth and Peer Groups:

- **Tameside Youth Services**—Range of groups, an activities available for ages 8-18 www.tameside.gov.uk/youthservices
- **Tameside LGBT Out Loud**—(Lesbian, Gay, Bisexual, Transgender-13+ years 6pm– 9.30pm Contact: 0161 337 0246 or 07971 599 414 for information on supporting a young person.
- **The Mix**— 0808 808 4994. Support service for young people 13 to 25. Helping a range of challenges for CYP - from mental health to money, from homelessness to finding a job, from break-ups to drugs. Talk via online, social forums or free helpline. <http://www.themix.org.uk/>

In the Community:

- **Youth Offending Team**— 0161 342 7692. Referrals can be made for young people bordering on criminality or anti social behaviour for prevention. Referrals can be made for house/ garden clearance if the family cannot afford to hire a skip as part of restorative justice work in Tameside www.tameside.gov.uk/yot
- **Groundwork**— Youth Mentoring for CYP to achieve their potential at school, in their communities and at work, and support for 18-24 years who have been out of employment, or education for twelve months or more and who need extra support to help them to a pathway into work. www.groundwork.org.uk
- **Gangline**— Helpline offering advice on concerns regarding a young person becoming involved in gang culture. Mentors and workshop details online. www.gangline.com/
- **National Youth Advocacy Service (NYAS)**—0808 808 1001. Advocacy, confidential advice and legal representation for young people, such as young people involved in private law matters. <https://www.nyas.net/>
- **Channel**— Referral for Police PREVENT work with a CYP who shows signs or behaviour of extremist behaviour. (Please contact Hub if this is a concern)

CHILDREN WITH ADDITIONAL NEEDS

Services and groups in Tameside:

- **ISCAN** — 0161 366 2050. Team of social workers and health professionals who work with children and young people aged 0-18 who have a disability or medical condition. Based at Jubilee Gardens in Droylsden and Rowan House in Hyde. Working closely with families and professionals to support young people to achieve their potential in all aspects of their life. [Website to obtain more info.](#)
- **OKE**— Our Kids Eyes—0161 371 2084. Tameside charity that helps children and young people with disabilities. Offering advice, information, activities and events for children and their families. Weekly social events and Youth clubs for children aged 11-18 as well as holiday clubs for the whole family.
- **Tameside Autistic Group**— TASCA is a parent run support group with monthly support groups in different locations through Tameside who also run **CABS**—'Children and Adolescent Behavioural Support Team' for CYP with severe learning disabilities and challenging behaviour. 0161 371 2060. www.tasca.org.uk/behaviouralsupportteam.htm
- **Tameside Autism Group (TAG)** - Please email gerard-support@tameside-autism.org.uk (NHS Autism Specialist Nurse) can offer advice, suggestion on providing support and access to groups.
- **SENDIASS**—Aiding and developing partnership between CYP, parents/carers, schools, the local authority and all other partners who are involved in working to identify, assess and meet the special educational needs of children and young people. www.tameside.gov.uk/sendias
- **People First Tameside**— a user-led charity which provides activities and services for learning disabled people in the Tameside area. www.peoplefirsttameside.org/home/our-services
- **T21 Network**—0161 304 7277. A voluntary group in Tameside, giving information, advice and a friendly face to parents, families and carers caring for CYP and Adults with Down Syndrome (Trisomy 21). www.t21network.org/

National Charities and accessing financial support:

- **Autistic society (Greater Manchester)**— Advice on Autistic Spectrum for parents/carers and professionals, and info on the Life Skills and Aspirations projects that run in local areas to attend. www.asgma.org.uk/projects/
- **Autism Education Trust**— Supporting effective education practice, information for both schools and parents on children with autism achieving within the curriculum. www.autismeducationtrust.org.uk/
- **Care for the Family** —029 2081 0800. Care for the Family is a national charity which aims to promote strong family life and to help those who face family difficulties. www.careforthefamily.org.uk/
- **Family Holiday Association**—020 3117 0650. The Family Holiday Association is the only national charity dedicated to providing British seaside breaks and day trips for families struggling with some of the toughest challenges life can bring. www.familyholidayassociation.org.uk
- **Contact a Family** — 0808 808 3555. Contact a Family is a national charity for families with disabled children. They provide information, advice and support. www.cafamily.org.uk
- **Family Fund**—Charity that provides grants for holidays, and specialised equipment such as sensory or computing item to support families with disabled children. www.familyfund.org.uk
- **Happy Days Charity**— Provide respite breaks for individuals, families and groups who support children with additional needs ages 3—17. Can offer help to those with learning difficulties, physical or mental disabilities and life limiting illnesses. (Can also apply for respite funding for CYP who have been abused or neglected, witnessed DV, severe bereavement of young carers) Apply online www.happydayscharity.org/
- **Merlin's Magic Wand**— Apply for a day out for ill, disabled or disadvantaged children ages 2-18, at a Merlin Attraction such as Lego Land, Sea Life or Alton Towers. Apply online www.merlinsmagicwand.org/
- **Cloverleaf Advocacy** — Advocacy services to people with mental health needs, learning disabilities, older people, people with physical and sensory impairment, and carers. www.cloverleaf-advocacy.co.uk/

PARENT SUPPORT

- **Children's Centres Parenting Programmes** —Parenting courses catered for specific age ranges are available throughout the year. For the 'Solihull Parenting Approach' appropriate for ages 0-5, and 'Incredible Years' appropriate for ages 2-8, contact can be made via email to express interest or send referral forms to — parentingreferrals@tameside.gov.uk For 'Surviving Teenagers' course please email Rachel.berrisford@tameside.gov.uk or Cathe-rine.lawless@tameside.gov.uk to obtain info or refer parents to the course.
- **Family Lives**—(formally ParentLine) gives over the phone advice 24/7 on all aspects of the parenting role. 0808 800 2222. Able to speak to trained staff and volunteers about any difficulties with parenting. Arrangement of telephone based support over a number of weeks can be organised. Online support available for professionals and parents with lots of resources, and social forum boards. <http://www.familylives.org.uk/>
- **Homestart**—0161 344 0669. Offers support to families with children aged under 5. Referral can be completed for a worker to help parents learn to cope, improve their confidence and build better lives for their families. <https://www.home-start.org.uk/>
- **The Leap Centre**— Large range of support for the community—For parents and families, examples include a Mum's Support Group, a group for families effected by DV and negative behaviours, and courses for School readiness and adult learning. Based in Clyde House, AUL. (Close to Oxford Park) Please contact Julia Cliff for more info on 0161 214 8300.
- **Family Group Conference**—0161 336 2143. Bringing together families in Tameside to arranged meetings to discuss and make plans for their children to be safe, happy and well cared for. Phone for advice or to make a referral.
- **Family Mediation**— 0161 872 1100. Run by 'Talk Listen Change' (TLC). Mediation service can offer support with family members to discuss positive communications and contact arrangements. www.talklistenchange.org.uk
- **NSPCC Additional Languages**—Help obtain information and guidance for parents who do not speak English as a first language. Bengali 0800 096 7714 / Gujarati 0800 096 7715 / Hindi 0800 096 7716 / Punjabi 0800 096 7717 / Urdu 0800 096 7718.

Domestic violence Support

- **Tameside Women's Centre**— A range of services available across Monday/Tuesday/Friday at Cavendish Mill. Access to courses, groups, peer support and support from multi agencies. Meet at Wednesday at Ridgehill or Hattersely on Fridays. With so much to offer please contact CAF advisor for more information and how people can access the support.
- **The Sanctuary**— 0161 331 2552. A scheme for Tameside DV victims to help people feel safe in their homes by adding security measures inside and outside the home. Referrals for scheme via New Charter. [Info available on New Charter website.](#)
- **Sitting right with you**— a website for victims of DV to visit for online support and help, confidential support and information, website protected to ensure private browsing. Website also has information for practitioners. www.sittingrightwithyou.co.uk/ #endthefear
- **Bridges** – Tameside Domestic Abuse Service—0161 331 2552. Help and advice for both professionals and service users. The Bridges Service is there to help with all levels of abuse and its effects, and runs CHIDVA to do work with children 1:1 who have witnessed DV. <http://thp.org.uk/>
- **Womens Aid**— 0808 2000 247. 24 hour helpline. Charity working to end domestic abuse against women and children. Helps awareness and encouraging change. www.womensaid.org.uk/
- **The Hideout** — Women's Aid has created this interactive website to help children understand if domestic abuse is happening, hear other stories and how to get help. www.thehideout.org.uk/children/home/
- **National Centre for Domestic Abuse**— 0844 8044 999. Charity that specialise in providing legal assistance to obtain injunctions.
- **Men's Advice Line**—0161 801 0327. Advice and support for men experiencing domestic violence and abuse.
- **Bridging to change**—0161 872 1100. TLC service. Support for DV perpetrators to recognise behaviour and take steps towards positive steps towards change. www.talklistenchange.org.uk

HOUSING AND FINANCIAL SUPPORT

Housing

- **New Charter**— 0161 331 2000. NC residents can log onto website to bid for new properties, log repair requests get advice on Anti Social Behaviour and domestic abuse. www.newcharterhomes.co.uk/residents-and-customers
If in a New Charter property, each Tameside area has an area representative who can support with housing and financial issues. Please phone 0161 331 2456 to enquire after an area specific housing officer.
- **New Charter Tenancy Support**—Drop in sessions for NC tenants who may need advice sustaining or transferring a tenancy, or info on welfare rights, benefits, finances and budgeting. Thursdays 9.30—11.30am at New Charter Shop, Henrietta Street, AUL. Please phone **0161 331 2316 for more info**.
- **Tameside Housing Advice**— 0161 331 2700. Provides help and advice on all aspects of housing, and help to resolve housing problems. Can assist in Private renting or Housing Association properties in Tameside. Check for eligibility for a bond scheme to assist with securing a deposit on a tenancy. www.tamesidehousingadvice.org/
- **Tameside Floating Support**— 0161 339 5450. <http://www.tameside.gov.uk/housing/supportingpeople/floatingsupport> For ages 16-64 years of age. For families and for young people who are in urgent need of finding a home.
- **Citizens Advice Bureau** — Drop in available 9.30am—12.30pm every morning at TMBC customer services on Stamford Street, AUL. CAB can advise on a huge range of topics such as benefits, housing, work, debt/money, law/court matters and immigration. www.tamesidecab.org.uk/
- **Community Legal Advice**—0845 345 4345. Dealing with rent problems for people under private rent, their rights and help to solve problems.
- **Shelter**—0808 800 4444. Housing charity that offers advice and help with most kinds of housing problems from housing benefits, to council housing, deposits and knowing legal rights on eviction. www.england.shelter.org.uk/
- **2nd Generation Furnishings**—Application can be made for second hand items of furniture, such as sofa's, beds or items such as kitchen starter packs and soft linen etc. <http://www.2ndgenerationfurnishings.co.uk/>

Financial

- **Advice Tameside** —information and advice for Tameside residents. Help with benefits, budgeting, looking for work/volunteering and financial difficulties. www.advicetameside.org.uk/
- **Christians against Poverty**—CAP help people reduce debt, offer counselling, and courses to manage their finances. Carmel Christian Centre Denton is local debt centre, appointments on 0800 328 0006. <https://capuk.org/>
- **MINT**—Money Information Network Tameside. Information and advice on financial matters. Ensuring that everyone has access to the right type of financial assistance. Also provide courses that help people manage their money. <http://minttameside.org.uk/>
- **Minted**— 0161 711 0091 helping social housing tenants to cut the cost of bills, and effectively manage finances. www.mintedtameside.co.uk/
- **The Glasspool Trust**—020 3141 3161. Makes small grants to individuals in need. Grants to help people in a short term crisis, eg providing a grant for everyday items, or remain in their home. www.glasspool.org.uk/
- **Buttle Trust**— provide swift, financial support grants of up to around £300 for families or young people living in crisis.—apply online on <http://www.buttleuk.org/> Also do special training and education grant for 16-20 old's who are estranged from family but have career goals to train or do employment courses to get into work, but do not get parental financial support.
- **Turn 2 us**—Online help with debt and finance difficulties. Free benefits calculator and grant search tool to find out what support families will be eligible for. www.turn2us.org.uk or 0808 802 2000
- **National Debt Helpline**— 0808 808 4000. Helpline offering advice, enabling people in need of support to deal with their debts in a proactive way. www.nationaldebtline.co.uk
- **Utilities Debt Financial Assistance**—Application can be made to British Gas Trust or United Utilities to help clear or make decreased payment plans for Electricity, gas, water and sewerage debts. www.britishgasenergytrust.org.uk/ and <http://www.uutf.org.uk/>

EDUCATION AND EMPLOYMENT

Children's Education:

- 2 year olds can be eligible for 15 hours per week at selected nursery providers—eligibility criteria and applications completed online. <http://www.tameside.gov.uk/surestart/childcare/2yearolds/OnlineApplication>
- All 3 year olds awarded 15 hours per week at all nursery providers, and eligibility for 30 hour placements can be found online. As this is a new government initiative, parents have to apply online to HRMC at <https://childcare-support.tax.service.gov.uk/par/app/applynow>
- School Admissions— Queries regarding applying for a new school place, transferring schools, or school appeals contact School Admission Team - more info and relevant transfer forms can be found online at <http://www.tameside.gov.uk/admissions>

Employment: Aged 16—19:

- **Positive Steps**—0161 621 9400. For ages 13-18. Oldham based service, but has Tameside team based in Clarence Arcades on Stamford Street, AUL. Drop in and ask to speak to a member of the team. Offers support for young people around sexual health, career guidance, work experience, apprenticeships and volunteering. www.positive-steps.org.uk/
- **The Skills company**—(Formerly Skills Solutions) 0161 359 3017—supporting young people aged 16-19. Help with Apprenticeships, Traineeships, Higher Education qualifications, attending training courses and gaining skills to get into work. Based on Kayley Industrial Estate, Richmond Street, AUL, OL7 0AU. <http://www.theskillsco.com/about/tameside-skillcentre/>
- **Tameside College Apprenticeships**—Has a list of all current and available apprenticeships in the Tameside area available for ages 16-23 years. Able to apply for apprenticeships in a range of careers fields and can set up notifications when more apprenticeships in specific areas are uploaded. Phone 0161 908 6608 or visit http://www.tameside.ac.uk/Pages/School_Leavers/earn_while_you_learn/apprenticeship_vac.aspx

Adult Employment:

- **The Motiv8 programme**—will support people age 25+ to identify a holistic support package to help remove barriers to engaging with services, activities, volunteering and in the future employment. Aims to support towards sustained employment through an accessible, approachable interventions. Referral forms can be made by organisations or self referrals to info@manchesterbbo.co.uk or contact 0161 331 2048 for more info.
- **National Careers Centre**— Tameside Libraries offer CV support, help with searching and applying for jobs— 1-2-1 appointments to support with interview practice and applying for employment. Libraries information and timetable at—www.tameside.gov.uk/libraries/nextstep
- **Employment support workshops**—1-2-1 session to improve CV's, completing application forms, and gaining experience in job interviews. Based at Hyde Community Action, Healthy Living Centre, 20 Great Norbury Street, Hyde, SK14 1BR. Telephone for appointments—0161 368 3268. Support also available in Bengali, Urdu, Punjabi.
- **Volunteering**—offers the opportunity to access rewarding work based experience, meet new people and find pathways into work. 'Do It For Good' website <https://do-it.org/> allows people to search in their local area for a range of opportunities that have been listed by a large range of services, from Administration to Customer Service to Youth workers. Over a thousand opportunities listed in Tameside for people to explore and contact.

Adult Education:

- **Learn Direct Tameside**— Offering free IT, English and Maths Courses for adults looking to gain qualifications before getting into work. Courses are at different levels and can last between 5—10 days total length. Learn Direct Tameside based with 'In 2 Wrk' in Borough Arcade, Hyde, SK14 2AA. <https://in2wrk.com/tameside/>
- **Tameside ACE (Adult Community Education)** - 0161 342 4063. Gain the skills, knowledge and qualifications needed to secure employment. Courses focus on the essential skills for life and work such as IT, English, maths and employability skills. Based at 68 Old Street, AUL. www.tameside.gov.uk/adultlearning

CHILDREN'S CENTRES

Children's centres provide a varied range of services and activities for 0-5 years. Sessions or play and learning development, and support for parents including advice on parenting and access to specialist services for families. Drop in sessions for health based activities and workshops with jobcentre plus for training and employment opportunities.

Ashton:

St Peters Children's Centre—0161 330 6666 (Trafalgar Square, OL7 0LL)

Hyde/Hattersley/Longendale

Hyde Children's Centre—0161 351 9664 (Flowery Centre, SK14 4SQ)

Denton/Droylsden/Audenshaw:

Greenside Children's Centre—0161 342 5197 (Greenside Lane, M43 7RA)

Stalybridge/Dukinfield/Mossley:

Ridgehill Children's Centre—0161 338 8645 (School Crescent, SK15 1EA)

Families Information Service—0161 342 4260

www.gotogrowtameside.co.uk



HEALTH SERVICES

Health Visitors and School Nurses:

All Health Visitor & School Nurses teams operate a duty system—generic email boxes and voicemails are checked daily.

Ashton Locality:

Corporate— email Tga-tr.hvashtoncorporate@nhs.net phone 0161 342 7880
St Peters – email Tga-tr.hvashtonstpeters@nhs.net phone number 0161 342 7825
School Nurses—email Tga-tr.snashton@nhs.net phone number 0161 342 7891

Stalybridge/Dukinfield/Mossley Locality:

Stalybridge – email Tga-tr.hvstalybridge@nhs.net phone number 0161 366 2120
Dukinfield – email Tga-tr.hvdukinfield@nhs.net phone number 0161 366 2160
Mossley – email Tga-tr.hvmossley@nhs.net phone number 01457 850500
School Nurses—email Tga-tr.snmsd@nhs.net phone number 0161 366 2182

Hyde/Hattersley/Longendale Locality:

Hyde – email Tga-tr.hvhyde@nhs.net phone number 0161 366 2020
Hattersley –email Tga-tr.hvhattersley@nhs.net phone number 0161 366 3900
School Nurses— Tga-tr.snhyde@nhs.net phone number 0161 366 2272

Denton/Droylsden/Audenshaw Locality:

Denton – email Tga-tr.hvdenton@nhs.net phone number 0161 366 2229
Droylsden – email Tga-tr.hvdroylsden@nhs.net phone number 0161 342 7929
School Nurses— email Tga-tr.sndenton@nhs.net phone 0161 0161 366 2239

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- **My Recovery Tameside**—Drug and alcohol service for adults, young people and families affected. Provide early intervention and prevention support, recovery and medical interventions and aftercare. 0161 672 9420 Referral forms online. www.changegrowlive.org/content/my-recovery-tameside
 - **Be Well Tameside**—0161 716 2000. All about feeling good, healthy and happy through promoting healthy diet and exercise.
 - **Dental health** – If a family is in need of a dentist—0161-335-2700 to arrange emergency appointments for families
www.tamesideandglossop.nhs.uk

CAF ADVISORS

CAF Advisors Team:

What they can support with—

- Provide advice and guidance to individuals completing CAF's and act as a quality assurance agent
- Provide advice and guidance on additional services that professionals can access for a family
- Attend school team meetings to advise / guide and consult on the CAF process
- Attend certain CAF meetings and support the school to identify a clear action plan with clarity to roles and responsibilities of all parties involved in the plan
- Deliver CAF training through TSCB
- Let you know of the CAF Champions for each organisation in Tameside

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