

Ashton West End Primary Academy
Long Term Scheme of work PSHE

	KS1	Year 1	Year 2
Autumn 1	Relationships Considering others	What is a healthy relationship? Identify special people. Name emotions and discuss feelings. How action can affect others.	Communicating feelings. Share opinions. Recognise when people are unkind and how to respond. Feelings can be hurt.
Autumn 2	Living in the wider world. Belonging. Celebrations and famous days.	Contribute to life of the classroom. Class and school rules. Belonging to groups.	Construct and agree to class rules. Belonging to groups and communities.
Spring 1	Health and wellbeing Keeping safe	Road safety Hygiene	Road safety Hygiene Harmful household products. Safety online.
Spring 2	Health and wellbeing Healthier lifestyle.	Eating Physical activity Dental hygiene.	Recognise likes and dislikes and informed choices.
Summer 1	Living in the Wider World. Our World. Money	Looking after our environment. Where money comes from and its role in life.	What improves and harms the environment? Spending and saving money. Role of money and managing it.
Summer 2	Relationships Respecting others	Working co-operatively. Teasing and bullying Getting help.	What physical contact is acceptable? Where to get help? Differences between secrets and surprises.

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Term	LKS2	Year 3	Year 4
Autumn 1	Living in the Wider World Rules and regulations	How rules and laws protect themselves and others	How to take part in making and changing rules.
Autumn 2	Health and Well being Clean and healthy / Keeping Healthy	That bacteria and virus' spread and how to reduce them. Choices of food and being active.	The effect of bacteria and virus' and how to reduce the dangers. Choosing a balanced diet and exercise.
Spring 1	Health and Well being Safe in the home	Understand risk, danger, hazard. Identify risks in home and how to make safe. What to do if accident.	Revise terms risk, danger, hazard. Recognise, predict and assess risks in the home. Basic FirstAid
Spring 2	Relationships Bullying	Recognise discrimination, bullying, teasing and aggressive behaviours and how to get help. Consequences.	Recognise discrimination, bullying, teasing and aggressive behaviours and how to get help. Consequences. Cyber bullying, prejudice-language.
Summer 1	Living in the Wider World Our Environment	Responsibilities towards the environment	Seeing others points of view towards the environment and build empathy and respect for looking after it. Reducing hazards in environment.
Summer 2	Relationships Circle – Positive about themselves and others	Recognise and respond to a wider range of feelings. Own actions affect themselves and others.	Recognise and respond to a wider range of feelings. Develop strategies to deal with emotions. Own actions affect themselves and others. Reflect on own actions.

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Term	UKS2	Year 5	Year 6
Autumn 1	Health and wellbeing Smoking, alcohol addiction, drugs including medicines.	What is meant by 'habit'? Common substances can damage health. Legal and illegal. Drugs and medicines.	Habits can be easy to start through peer pressure and hard to change. Immediate and long lasting dangers. Legal and illegal. Smoking and alcohol.
Autumn 2	Living in the wider world. Community	What being a part of the community means healthy. How rules help a community. Role of voluntary, community and pressure groups. Local.	What being a part of the community means locally and nationally. Think about the lives of people living in other places and people with different values and customs. National.
Spring 1	Relationships Healthy relationships.	What is a healthy relationship? Different types of relationships. Friends and relatives.	What is a healthy relationship? Different types of relationships. Recognise ways in which a relationship can be unhealthy and who they need to talk to if they need support.
Spring 2	Relationships Opinions of others (Similarities and differences/Discrimination)	Differences and similarities between people i.e. cultural, ethnic, religious. Realise nature and consequences of discrimination. Discrimination.	Differences and similarities between people i.e. cultural, ethnic, religious. Realise nature and consequences of discrimination. Recognise and challenge stereotypes.
Summer 1	Living in the Wider World. Money	Role money plays in their own lives and of others. Understanding of 'interest', 'loan', 'debt' and 'tax'. Managing money Economic choices.	Recognise understanding of 'interest', 'loan', 'debt' and 'tax'. Managed money. Effect of economic choices.
Summer 2	Health and wellbeing. Manage change.	Changes to their bodies. Human reproduction. Effect of loss. Personal Hygiene.	Changes in their bodies. Human reproduction. Transition to High School.

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