# Outdoor home learning challenge

# Week beginning 20th July 2020

Getting outside in the fresh air and moving about could be the one thing that helps your family get through this lockdown period. This has all happened very fast and it is hard to think that our options are limited but it's what you can do with these options that count.

If you have a garden or a balcony, great. You can simply step outdoors. We know that it's not as simple for others, especially those who live in the city, but you might be able to work with your neighbours to agree that you will be out on your walkway for 30 minutes twice a day and that you'll wipe down hard surfaces afterwards where possible afterwards.

#### Clay Bowls

Using air drying clay sculpt and mould it into a clay bowl. Leave overnight to dry and test to see if it will store water and food the next day. You can also decorate it using our natural glue rocks, petals and stones.

#### Binoculars

Make binoculars using rolled up the paper, string and masking tape

#### Bird Feeders

Using lard and seed squish together in your hands, then put the string through the middle and squeeze until the mixture is stuck to the string. Then hang up in the trees ready for a hungry bird to enjoy.

## Survivors and Explorers Day

All children to come in survival/explarer clothing and a backpack with all the needs for their survival needs. Have hot chocolate and marshmallows



"The present moment is filled with joy and happiness. If you are attentive, you will see it." - Thich Nhat Hanh

## Make a Bug Hunting Kit

Cut a water bottle that still has its lid on in half - put tape around the sharp bits. Then you have your own bug catcher. Go on a hunt looking for bugs using a stick to scrape away in dark, damp places. Make sure you put the bugs back where you found them.

## Sticky lifecycles

Learn about the lifecycle of a butterfly. All collect a stick using the safe stick rules from the Muddy Handbook. Put into a long line. All have a go balancing from the bottom to the top of the stick. Can they now put the sticks into a cocoon shape? A butterfly shape? You could then change this game into an obstacle course. Vertical sticks mean jump, harizontal means you balance on them.

## Natural Art

Using rocks, sticks or leaves make natural art on the floor - Andy Goldsworthy can be used as inspiration. He is an environmental artist and uses natural resources to create his art. The children can be as creative as they like or make bugs and other familiar creatures if they are stuck for inspiration.

## **Rock Painting**

Paint rocks using old nail varnishes or acrylic pens. Ladybirds are really effective but the children can do any bugs they know.