



Foundation Subject Home Learning

Don't forget this learning can be accessed at home on Class Dojo and Sharepoint.

Tuesday 29th September 2020

PSHE- LO: To identify emotional states to build resilience.

This lesson couldn't come at a better time 5F! You have been thinking about different ways in which we will keep ourselves mentally healthy during this uncertain time. You have created a lockdown tool kit, you might want to remember this over the next few days.

Take some time to look at the powerpoint which is called Beans PSHE lesson 1. You should think about the different emotions which are felt by the characters on the Powerpoint.

Your Task:

Create a piece of artwork which demonstrates how you are feeling now that we have to stay at home. Be honest. Try to label the emotions you are feeling and think about how you are going to make the best of the situation.

Take a photograph of your learning and upload it either to your portfolio on Class Dojo or on the Completed learning file on Sharepoint.