Student Training – November 2026

How can we all be safe and successful digital citizens

Ashton West End Primary School

Years 3 and 4

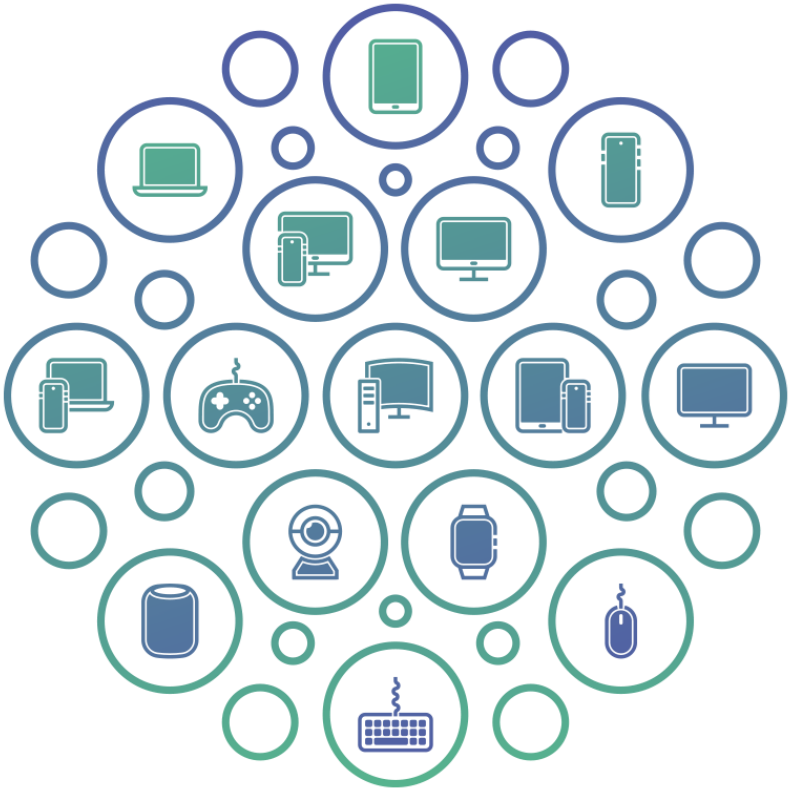


Ruth Noble
Digital Safeguarding Education Specialist

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What technology do we have and what do we use it for?

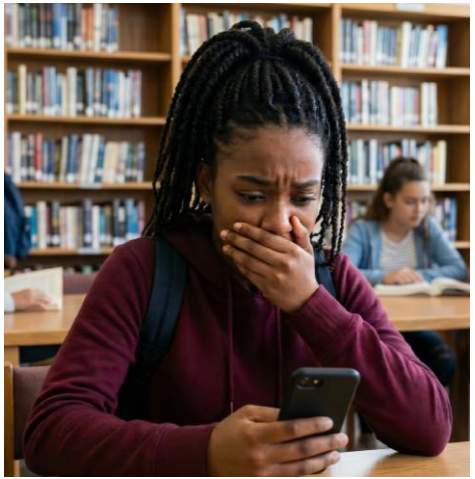


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Technology how do we feel when we use it?









Screen time?



Who can say it?

Who could say it?

Humans



Machines





I’m sorry.

- Can a human say it?
- Can a machine say it?
- Can a human actually feel it?
- Can a machine feel it like a person?

I’m excited.

- Can a human say it?
- Can a machine say it?
- Can a human actually feel it?
- Can a machine feel it like a person?

I care about you.

- Can a human say it?
- Can a machine say it?
- Can a human actually feel it?
- Can a machine feel it like a person?

If something talks, writes, responds to what we say, does that mean it is a person?



Can answer a question	Can feel embarrassed	Can say ‘I understand’
Can tell a joke	Can care about another person	Can remember information
Can feel proud	Can need a hug	Can get something wrong
Can use kind words	Can have a real friendship	Can understand how others feel
Can say ‘I am sorry’	Can give advice	Can understand right from wrong
Can tell a story which isn’t true	Can give instructions	Can suggest an idea

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Can answer a question BOTH	Can feel embarrassed HUMAN	Can say ‘I understand’ BOTH
Can tell a joke BOTH	Can care about another person HUMAN	Can have a real friendship HUMAN
Can feel proud HUMAN	Can need a hug HUMAN	Can get something wrong BOTH
Can use kind words BOTH	Can remember information BOTH	Can understand how others feel HUMAN
Can say ‘I am sorry’ BOTH	Can give advice BOTH	Can understand right from wrong HUMAN
Can tell a story which isn’t true BOTH	Can give instructions BOTH	Can suggest an idea BOTH

If something talks, writes, responds to what we say, does that mean it is a person?



Words can sound friendly. Machines can talk, but they aren't people.

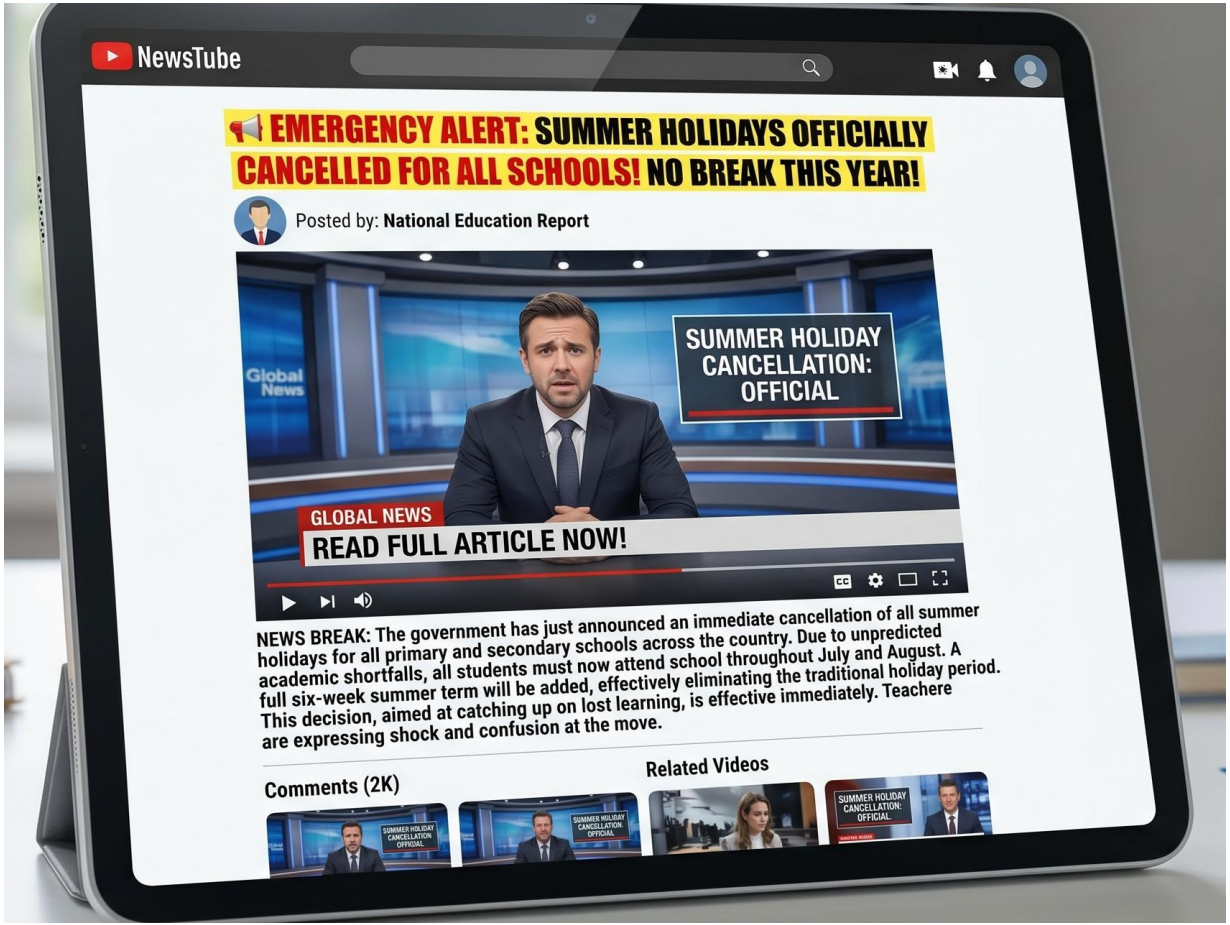
What do humans have that machines do not?

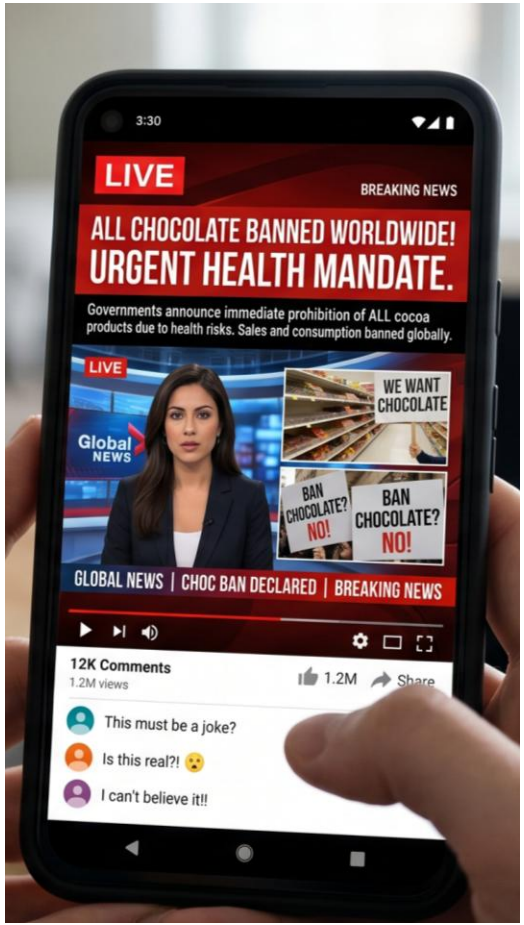
- Compassion
- Care
- Regret
- Personal experiences
- Affection
- Empathy
- Feelings and emotions

Who should we go to if we need help?



Misinformation and disinformation





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CLAIM YOUR FREE MAGICAL HOLIDAY!
FREE FAMILY TRIP TO DISNEYLAND OR TROPICAL ISLAND!
JUST FOR FINDING THE GOLDEN TICKET!
CLICK THE BIG RED BUTTON TO
WIN YOUR FREE HOLIDAY NOW!
KidSafe VERIFIED
100% Real Prize
CLAIM MY HOLIDAY!
100% Real Prize
Just need parents to fill out their details!
Limited spots! No parents permission required, just click!

Do you believe everything you see online?

Eating carrots turns you into a rabbit. ✗	The moon is made of cheese. ✗	A screenshot will always show the real story. ✗	People can pretend to be someone else online. ✓
Some videos and photos are edited to trick people. ✓	Checking with an adult can help you stay safe online. ✓	Eating sweets makes you run faster. ✗	An octopus has three hearts. ✓
People need to eat food to give them energy. ✓	The sun is cold. ✗	Some fake stories are made to make money. ✓	If lots of people say the same thing, it must be true. ✗

What should we do?







Password Protectors

Can you crack the password?



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What passwords do you think somebody might try?



What passwords do you think somebody might try?



Buddy2017

How long would it take a computer to guess this password?

3 days



Buddy2017

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The more somebody knows about us, the easier some passwords can become to guess.



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Which falls first?

- Very easy to guess
- Could be guessed
- Harder to guess

123456

harry10

PurpleTrainBanana

football

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What makes this password the best?

123456

harry10

PurpleTrainBanana

football

- it's longer
- the words aren't obviously connected
- it doesn't contain Alex's name
- it doesn't contain Alex's birthday
- it doesn't contain their pet
- it doesn't contain their favourite football team.

Password Creation

- ✓ 12 characters +
- ✓ Capitals and lowercase
- ✓ No personal link
- ✓ Numbers
- ✓ Characters - !, #, $, %, ^, &, *, (, and). - / ?


Moon


Sandwich


Tiger

MoonSandwichTiger31#

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How long would it take a computer to guess this password?

42 quintillion years


Moon

Sandwich

Tiger

MoonSandwichTiger31#

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Password Creation

🌙 Moon
🥪 Sandwich
🐯 Tiger

MoonSandwichTiger31#

Animals

- 🐧 Penguin
- 🐯 Tiger
- 🦒 Giraffe
- 🐙 Octopus
- 🦊 Fox

Objects

- 🎸 Guitar
- 🚲 Bicycle
- ☂️ Umbrella
- 🚀 Rocket
- 🧦 Sock

Food

- 🍉 Watermelon
- 🥪 Sandwich
- 🥕 Carrot
- 🍿 Popcorn
- 🍋 Lemon

Number

- 31
- 726
- 583
- 913

NOT 123

Special Characters

!	#
$	%
^	&
*	(
)	.
-	/
?	

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Could Alex use this password?



BuddyFootballAlex

What should you do?

Your best friend says:

“Tell me your gaming password. I promise I won't tell anyone.”

What should you do?

Someone online says:

“Give me your password and I'll add 1,000 coins to your account.”

What should you do?

You accidentally tell somebody your password.

What should you do?

You think somebody else has logged into your account.

What should you do?

Your friend tells you their password.

Who should we go to if we need help?



Images

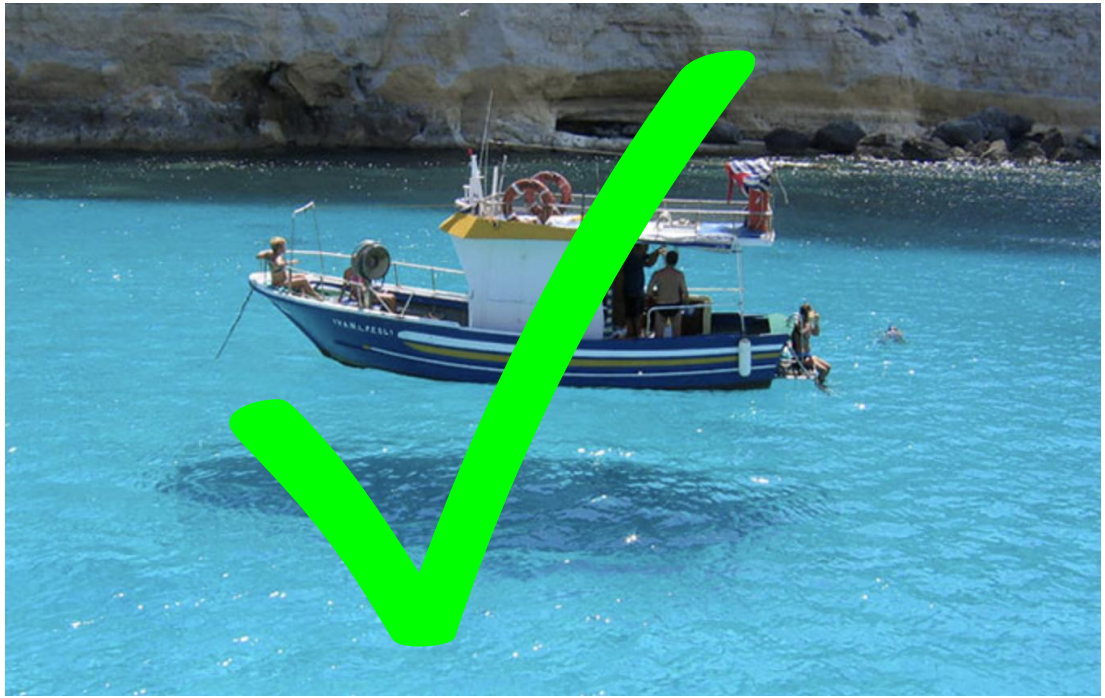
Misinformation real or fake?



Real or fake?



Real or fake?



Real or fake?



Real or fake?



Real or fake?



Real or fake?



Real or fake?



Real or fake?



What should we do?







What to do next?

Ask



Show



Tell



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Thank you

